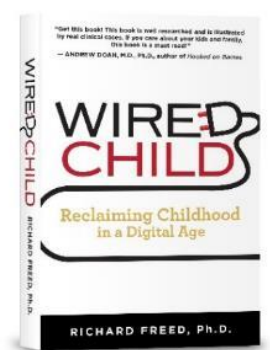


# Wired Child: Reclaiming Childhood in a Digital Age

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## Reading group questions and topics for discussion:

1. Most American parents believe that technology brings the family closer. How do you see technology affecting your family or families around you?
2. In the past decade, children's and teen's entertainment screen/tech use has exploded. What do you see are the forces driving kids' increased screen time?
3. Why is parenting on tech and screens so difficult for all of us? Do you believe it's the most challenging parenting issue today?
4. Most kids in the U.S. don't have any limits on how much they use entertainment technologies. What would help more parents realize that their kids will benefit from tech/screen limits?
5. Why do many schools continue to allow kids to use their phones throughout the school day in spite of evidence that this hurts school success?
6. Will there be countries or cultures that will recognize the negative impact of kids' overuse of screens/tech before others?
7. While many are recognizing the costs of kids' overuse of screens, there are powerful forces pushing kids to spend even more screen time. In 10 years, do you believe kids will be spending more or less time with screens?
8. Who can support parents in raising healthy kids in this digital age? And what messages or actions would most help parents raise healthy kids?
9. How can schools support parents providing a healthy, low-tech environment at home? And should schools recommend to their student's parents the importance of limiting kids' entertainment screen use at home?
10. The hallmark of any addiction is continued use in spite of negative consequences, e.g., hurting family relationships or school success. Do you see signs of addictive tech use in children or adults? Do you know of children or teens who are addicted and what does their life look like?
11. If you have set tech/screen limits at home, what do you see are the benefits and challenges of doing so?
12. What action steps have you found that limit your kids' screen time at home?



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